



Mahidol University
ASEAN Institute
for Health Development



Participant Information

Study Tour on

Health Literacy

12th – 15th December 2017

1. Organizers and Instructors

Organizer: **ASEAN Institute for Health Development (AIHD), Mahidol University**

www.aihd.mahidol.ac.th/new/en/

Instructors:

1. Asst. Prof. Somsak Wongsawass, Lecturer, **AIHD**
2. Dr. Charay Vichathai, Research Manager, **Health Systems Research Institute (HSRI)**
3. Dr. Sirada Puriwattanapong, Director, **Muaklek Hospital**
4. Director, **Saraburi Regional Hospital**

Supporting organization: **World health Organization**

2. Course format and time management

This 4-day training program will be covered by lecturers, practical exercises, and field visits to Muaklek Hospital and Saraburi Hospital, Saraburi Province, Thailand. The objectives of the course are

- To get international experiences concerning with health literacy
- To observe the community based health promotion activities
- To apply knowledge and experiences with Myanmar context

Topics to be covered by this course

- Overview of Health Literacy: Smart Citizen 4.0
- Health Literacy Application: Thailand Experiences
- Community-based Health Literacy Program: Antibiotic Smart Use
- Health Promotion Activities and Community Observation
- From Policy to Action: Implementation and Technical Support
- Service-based Program and Primary Prevention

Practical sessions include

- Field trip to Muaklek Hospital
-

-
- Field trip to Saraburi Hospital RDF power plant at Kaeng Khoi, Saraburi (TPI Polene Power)
 - Wrap Up and Discussion

Course Timings: Registration will be at 08:30 on Day One.

Course sessions will start promptly at 08:30 and end at 16.00 except for field visit will be earlier depart from ASEAN House.

There will be two short breaks for refreshments and lunch will be served at 12:00 of each day's sessions

3. Arrival and Departure

Arrival: AIHD will provide AOT Limousine service from Suvarnabhumi Airport to ASEAN house, Mahidol University, Salaya Campus.

Departure: AIHD will provide a delivery service by AOT Limousine from ASEAN House to Suvarnabhumi Airport 3 hours prior to the departure time.

* All participants should arrive at ASEAN House on 11th December 2017 and return Myanmar on 16th December 2017.

4. Venue

ASEAN Institute for Health Development, Mahidol University



ASEAN Institute for Health Development was established in 1982 as the ASEAN Training Centre for Primary Health Care Development. It was a joint effort of Mahidol University, the Ministry of Public Health and the Department of Technical and Economic Cooperation (DTEC, now TICA) of the Royal Thai Government, with strong support from

the Japan International Cooperation Agency (JICA). AIHD is based on a forward-looking and conceptually challenging perspective on human resource development which aims to support the global strategy of “Health for All” through the primary health care approach advocated by WHO, an approach which is valid not only for Thailand but also other ASEAN countries. AIHD has three key missions, namely education and training, technical services, and research and development, focusing on participatory community-based health and related program management, with a special emphasis on facilitating the paradigm shift from a “service-oriented” approach to a “development” approach in order to promote “Health for All” through human capacity building and community empowerment.

Source: http://www.aihd.mahidol.ac.th/new/en/about_en.html

ASEAN House



ASEAN House is located in a quiet corner of the Salaya Campus and is an ideal place to study or rest. There are 50 air-conditioned double rooms, all with their own toilet and shower facilities, TV, refrigerator and telephone. Bed linen and towels are provided. Housekeeping and room maintenance are performed on a regular basis. There is also a laundry service or residents may wish to use the washing machines provided.

Source: <http://www.aihd.mahidol.ac.th/about-aihd/?p=269>

5. Field Visit Sites

Muaklek Hospital, Saraburi Province

Address: Thanon Mittraphap, Tambon Mittaphap, Amphoe Muak Lek, Saraburi 18180

Hours: Open 24 hours

Phone: 036 341 560

Saraburi Regional Hospital

Address: Thetsaban 4 Rd, Tambon Pak Prieo, Amphoe Mueang Saraburi, Saraburi 18000

Hours: Open 24 hours

Phone: 036 343 500

6. Practical Information

Meals

Refreshment is provided during the training program. Participants are responsible for their meals. Participants may eat at one of the facilities on or outside the campus. There are many restaurants located near the campus that serve a wide variety of food.

Language

English is spoken in most hotels, shops and restaurants as well as in major tourist destinations.

Time

The time in Bangkok is 7.00 ahead of Greenwich Mean Time (+7.00 GMT).

Electricity

The electric current is 220 volt AC throughout the country.

Money/Currency

The basic monetary unit in Thailand is the Thai Baht. A baht is divided into 100 satang. The following coins and notes are currently in use:

Coins: 25 and 50 satang and 1, 2, 5, 10 baht

Banknotes: baht

20 (green), 50 (blue), 100 (red), 500 (purple) and 1,000 [grey and brown (beige)]

Banking hours: 8.30 – 15.30 hrs. , Monday to Friday.

Banks located in a department store are open daily from 11.00 – 19.30 hrs.
Automated Teller Machines (ATMs) can be found on or near the three campuses.
The effective limit of a single ATM withdrawal is 20,000 THB (around US\$ 670)



7. Contact Point

For any further information you may require, please contact:

No	Name	Position	Office Address	Contacts
1	Ms. Suwannee Hanmusicwatagoon	International Relations Officer	ASEAN Institute for Health Development (AIHD) 25/25 Mahidol University, Salaya Campus, Phutthamonthon, Nakornpathom 73170, Thailand	Tel: +66 2441 9040 Ext. 66 Fax: +66 2441 9871 Mobile: +66855071542 E-mail: suwannee.has@mahidol.ac.th

Ready to get started?

We hope you enjoy staying in Thailand!
